

Illicit and Illegal Drugs Policy

Aim

The aim of this policy is to define AUSC’s stance against illicit and illegal drugs.

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1 Background

The use of prohibited substances, illicit and illegal drugs whether for recreational or performance enhancing means, is harmful to athletes. The use of prohibited substance is only accepted when it is prescribed under the supervision of a physician for a clinically justified purpose.

2 Revision

This policy is to be maintained and reviewed by the AUSC Committee.

3 Application

This policy applies to all members who participate in AUSC activities.

4 Illicit and illegal drugs

AUSC supports National Sporting Organisations and Australian University Sport Anti-Doping Policies and any penalty placed on an AUSC member found in breach of these policies. It is the athlete's responsibility to be aware of what they can and cannot take and a full list of prohibited substances is published by WADA as described in 'Article 4.1 of the WADA Code'.

Athletes need to be aware that over the counter supplements can assist an athlete to achieve peak performance. However, poor regulation of the supplement industry can present a small but real risk of a positive 'doping' outcome.

In relation to the use of illicit and illegal drugs, AUSC will act in a discreet and confidential manner in regard to all information relating to this policy and associated programs. However, depending on the nature of a breach, the Police or the University of Adelaide may be contacted to deal with the situation.

5 References

AU Sport – *Illicit and Illegal Drugs Policy*, approved by AU Sport Board on 14 July 2014,
<http://www.theblacks.com.au/Common/Filer.ashx?FID=4296>.

6 Document control

Revision (Date)	Person	Comments
0 (13/10/2015)	Author: David Warren Reviewed: Committee (via Meeting 13/10/2015) Approved: David Warren	Document released to club membership.